



## **Workplace Safety**

### **Course Titles and Descriptions**

#### **Accident Investigation (Multimedia)**

As much as you try to prevent them, accidents at work happen. No matter what kind of accident you may be faced with at work, one of the most important things you can do after it happens is to investigate it and learn from the experience so it doesn't happen again. This training session will cover everything you need to know about investigating accidents.

#### **Active Shooter On-Site: What Every Employee Should Do (Multimedia)**

When it comes to workplace shootings, there are measures you can take to not only limit the damage but also to save precious lives both before and during these traumatic incidents. Because most incidents are over within minutes, you must be prepared to react to the situation with speed. During this session, we'll talk about how you, as an employee, should react to and prepare for an active shooter in your workplace.

#### **Aerial Lift Safety**

This online aerial lift safety training course focuses on teaching employees about aerial lift safety on the job. Aerial lifts are extremely useful pieces of equipment and are commonly used in many industries. But this equipment can be hazardous to both operators and employees working nearby unless proper precautions are taken by all employees while at work.

#### **Arc Flash Safety—Unqualified Person**

This online arc flash safety training course will teach employees the hazards and risks of working on or near energized electrical equipment. It will also discuss the procedures for preventing an arc flash accident and how employees can protect themselves from the hazards of an arc flash while at work.

#### **Avoiding Back Injuries**

The main objective of this session is to help you prevent back injuries. By the time the session is over, you should be able to identify causes of back injuries; prevent back injuries; use proper lifting, load carrying, and unloading techniques to help protect your back; and think smart about your back and the importance of keeping it healthy.

#### **Avoiding Exposure to Bloodborne Pathogens**

This session discusses how you might be exposed to bloodborne pathogens (BBP) and infectious diseases, how you can protect yourself from exposure, and how to clean up and properly dispose of blood or bodily fluids. Employees most likely to be exposed include first-aid responders, janitorial and maintenance personnel, and workers assigned to clean up after an industrial accident. Even if your job does not normally expose you to blood or bodily fluids, this session is helpful to raise your awareness of bloodborne pathogens, to understand why you should not come in contact with them, and to understand that it is important to report spills of blood or bodily fluids so that they can be cleaned up safely.

### **Avoiding Exposure to Bloodborne Pathogens (Spanish)**

This session discusses how you might be exposed to bloodborne pathogens (BBP) and infectious diseases, how you can protect yourself from exposure, and how to clean up and properly dispose of blood or bodily fluids. Employees most likely to be exposed include first-aid responders, janitorial and maintenance personnel, and workers assigned to clean up after an industrial accident. Even if your job does not normally expose you to blood or bodily fluids, this session is helpful to raise your awareness of bloodborne pathogens, to understand why you should not come in contact with them, and to understand that it is important to report spills of blood or bodily fluids so that they can be cleaned up safely.

### **Back Safety in Spanish (Ergonomics Training)**

This online back safety training course in Spanish will help Spanish-speaking employees and employers alike to understand how back injuries occur and how to prevent them. The course highlights proper lifting, load carrying, and unloading techniques and tips to encourage thinking about back safety at work. This back safety training course discusses one of the most common workplace injuries and what can be done to help prevent back injuries. The course provides Spanish training on the many ways back injuries occur, as well as what can be done to prevent injuries on the job.

### **Basic First Aid for Medical Emergencies**

The main purpose of this session is to familiarize you with basic first-aid procedures. By the time this session is over, you will be able to recognize the benefits of obtaining first-aid and CPR certification; identify proper procedures for a variety of medical emergencies; assist in administering first aid when a coworker is injured; and do no further harm.

### **Battery Safety**

The main objective of this session is to make sure you work safely with batteries on the job. By the time the session is over, you will be able to identify battery hazards; understand how batteries work; charge batteries safely; assist in maintaining batteries properly; select appropriate personal protective equipment (PPE) for battery maintenance; and follow proper emergency procedures.

### **Bloodborne Pathogens—General**

This online bloodborne pathogen safety training course will teach employees to identify bloodborne pathogens (BBPs) that might be present in the workplace and understand how certain diseases are transmitted through blood. This course will teach employees to determine risk of exposure to bloodborne pathogens in the workplace and how to protect themselves from exposure through prevention and by following certain procedures if exposed and how to respond appropriately if exposed to bloodborne pathogens. It is also important to understand employee rights to medical evaluations.

### **Bloodborne Pathogens—General (Spanish)**

This online bloodborne pathogen safety training course in Spanish will teach Spanish-speaking employees to identify bloodborne pathogens (BBPs) that might be present in the workplace and understand how certain diseases are transmitted through blood. This course will teach Spanish-speaking employees to determine risk of exposure to bloodborne pathogens in the workplace and how to protect themselves from exposure through prevention and by following certain procedures if exposed and how to respond appropriately if exposed to bloodborne pathogens. It is also important to understand employee rights to medical evaluations.

### **Compressed Gases**

Compressed gas cylinders pose very serious risks when not handled properly. This online training course discusses how to work safely with compressed gas systems and cylinders that are used in the workplace and how to protect against the hazards they pose. At the end of this training session, trainees will be able to identify compressed gases by the labels; safely transport, handle, and store compressed gas cylinders; safely use cylinders, regulators, and gauges; and know the specific hazards of some common compressed gases.

### **Contractor Safety**

The main objective of this session is to make sure you understand our safety rules and policies so that you can avoid accidents and injuries while you are in our facility. By the time this session is over, you will be able to recognize the hazards of our workplace; understand emergency procedure and accident-reporting rules; follow safety policies and safe work practices; and avoid accidents and injuries in our facility.

### **Crane Rigging Safety Training**

This online crane rigging safety training course teaches employees the safe way to handle crane rigging and all the hazards associated with using cranes while at work. Cranes are used at many workplaces, across all major industries, to lift and move materials. Crane operators are generally trained and often certified in safe crane operations and inspection. However, many accidents involving cranes are caused by failures of crane rigging and rigging hardware.

### **Defensive Driving for Noncommercial Motorists (Spanish)**

The main purpose of this online safety defensive driving training course is to teach Spanish-speaking employees about defensive driving techniques so that they can be safe behind the wheel and avoid accidents. By the time this session is over, Spanish-speaking employees will be able to identify driving hazards, understand defensive driving techniques, and use defensive driving techniques to prevent accidents and injuries on the road and while at work.

### **Defensive Driving Training for Noncommercial Motorists**

Motor vehicle accidents are the most common form of death of all workplace fatalities, and vehicle accidents, injuries, and fatalities outside of work are also on the rise due to all different kinds of distracted driving and other hazards. Whether you drive on the job or just commute to work, it's important that you stay on your toes and drive defensively to keep yourself—and other drivers and pedestrians—safe. During this training session, we're going to talk about some techniques that will help you avoid driving accidents and injuries.

### **Disaster Planning—What Employees Need to Know**

The objective of this online training course is to teach employees how to deal with workplace disasters and other emergencies. At the end of this training course, employees will be able to identify different types of workplace disasters, understand the requirements of the emergency response plan, carry out emergency response assignments effectively, and evacuate quickly and safely in an emergency.

### **Disaster Planning—What Supervisors Need to Know**

This online disaster planning training course will help teach supervisors and safety managers to recognize the types of workplace disasters they may face, understand the requirements of the emergency response plan, satisfy employee training requirements, and carry out emergency response duties effectively while at work.

### **Electrical Safety—Unqualified Worker**

This training session will discuss the hazards of electricity and how to prevent exposure to electrical hazards. By the end of the training session, you will be able to understand the hazards of electricity, identify and avoid common electrical hazards, and follow safe work practices around electrical equipment.

### **Electrical Safety—Unqualified Worker (Spanish)**

This training session will discuss the hazards of electricity and how to prevent exposure to electrical hazards. By the end of the training session, you will be able to understand the hazards of electricity, identify and avoid common electrical hazards, and follow safe work practices around electrical equipment.

### **Emergency Action and Fire Prevention**

This online safety training course will teach employees to understand workplace hazards that lead to an emergency and how to respond quickly and efficiently to an emergency situation. Also covered in this training course is how to evacuate an area

in an emergency, protect others from fire and other hazards, prevent fires, and respond to fires and spills while at work.

### **Emergency Action and Fire Prevention—Spanish**

This online safety training course will teach Spanish-speaking employees to understand workplace hazards that lead to an emergency and how to respond quickly and efficiently to an emergency situation. Also covered in this training course are how to evacuate an area in an emergency, protect others from fire and other hazards, prevent fires, and respond to fires and spills while at work.

### **Exit Routes—Supervisors**

This online safety training course is designed for plant managers, supervisors, and other employees designated as emergency evacuation coordinators who need to understand the process for preparing a facility for the safe evacuation of employees. By the end of the training session, participants will be able to set up and maintain exit routes, implement the requirements of the facility Emergency Action Plan, recognize alarm signals, and, implement evacuation procedures.

### **Eye Protection (Multimedia)**

During this session, we'll talk about what eyewear you need to wear depending on the hazards you deal with on the job, and we'll show you exactly how to use and maintain it.

### **Eye Protection (Spanish)**

This online eye protection safety training course will teach employees the basics of eye protection on the job, including identifying the potential work areas and activities that could cause injury to your eyes and understanding how to prevent those injuries. Also covered are the use, maintenance, and inspection of protective eye wear as well as the use of appropriate first aid for emergencies while at work.

### **Fire Extinguishers (Spanish)**

This online safety training course will teach employees about what causes a fire, what fire extinguishers do, how to use an extinguisher, and different fire suppressant materials that can be used in case of a fire emergency.

### **Fire Extinguishers Safe Use and Handling**

This online safety training course will teach employees about what causes a fire, what fire extinguishers do, how to use an extinguisher, and different fire suppressant materials that can be used in case of a fire emergency.

### **Forklift and Pedestrian Safety**

The main purpose of this session is to train you to work safely around forklifts. By the time this session is over, you will be able to identify the hazards of working around forklifts; understand the factors that contribute to forklift/pedestrian accidents; comprehend pedestrian safety requirements; and take proper precautions when working around forklifts to protect your safety.

## **Forklift Operator Safety—Spanish**

This online forklift safety training course will help teach forklift operators the characteristics of a forklift, including differences from driving a car; controls and instruments; and motor operation, including steering and other instructions, warnings, and precautions. Reckless driving presents a high risk with these heavy, delicately balanced vehicles. An improperly loaded or operated forklift can tip over, fall off a loading dock, drop a load, or collide with an object or person. That's why OSHA's regulation on powered industrial trucks (29 CFR 1910.178) includes more than just requirements for the equipment. It also requires that the trucks be operated only by trained, authorized drivers. Even the best-trained drivers, however, may get careless. Operators need reminders of forklift safety basics so they don't put themselves—or anyone else—at risk.

## **Good Housekeeping**

The main objective of this session is to emphasize the importance of good housekeeping and explain what it really involves. By the time this session is over, you should be able to, recognize the importance of good housekeeping, understand housekeeping responsibilities, develop good housekeeping habits, identify and eliminate housekeeping hazards, and help prevent workplace fires and accidents.

## **Hazard Communication and GHS—What Employees Need to Know**

Are your employees prepared for the Globally Harmonized System of Classification and Labelling of Chemicals (GHS) compliance? In this session, your trainees will learn how to recognize hazardous chemicals, understand the risk they pose, interpret the information on chemical labels, understand safety data sheets (SDSs), protect themselves from physical and health hazards, and respond to emergencies.

## **Hazard Communication and GHS—What Employees Need to Know (Spanish)**

El objetivo principal de esta sesión es enseñarle sobre la comunicación de riesgos. Al finalizar esta sesión, usted será capaz de reconocer las sustancias químicas peligrosas; entender los riesgos que representan; interpretar la información de las etiquetas de sustancias químicas; entender las hojas de datos de seguridad o SDS; protegerse de los riesgos físicos y de salud, y responder a las emergencias.

## **Hazard Communication and GHS—What Supervisors Need to Know**

The main objectives of this training session are to understand the Globally Harmonized System of Classification and Labelling of Chemicals (GHS) revisions to OSHA's Hazard Communication Standard and how they affect the workplace, to recognize the revised chemical labels and safety data sheets (SDS), and to train employees to read and interpret the GHS-compliant labels and SDSs.

## **Hazard Communication Refresher**

The main objective of this session is to make sure you identify material hazards and take proper precautions to protect your health and safety whenever you work with or around hazardous materials. By the time the session is over, you will be able to understand the purpose and requirement of Occupational Safety and Health

Administration's (OSHA) Hazard Communication standard; identify material hazards and safe work practices using labels and safety data sheets (SDSs); understand the effects and symptoms of exposures and proper first aid; use appropriate personal protective equipment (PPE), to protect against specific hazards; and respond quickly and effectively to spills.

### **Hazard Communication—GHS and Your Right to Know**

The main objective of this session is to teach you about hazard communication. By the time the session is over, you should be able to recognize hazardous chemicals; understand the risks they pose; interpret the information on chemical labels; understand safety data sheets (SDSs); protect yourself from physical and health hazards; and respond to emergencies.

### **Hazardous Materials Transportation**

This training session will teach you to recognize and identify hazardous materials; understand hazardous material (hazmat) container markings, labels, and placards; load and unload hazardous materials safely; use protective procedures and equipment; avoid accidents with hazardous materials; respond to an emergency; and recognize and respond to security threats.

### **Hexavalent Chromium Safety**

By the end of the training session, you will be able to identify the characteristics and health hazards of hexavalent chromium, and work activities that may increase the risk of exposure to hexavalent chromium, implement control measures that limit exposure to hexavalent chromium, understand atmospheric monitoring medical surveillance procedures, and wear appropriate personal protective equipment.

### **Home Safety**

The main objective of this session is to help you ensure that your home is safe. By the time this session is over, you will be able to identify hazards in your home, eliminate or minimize them; and keep your home and your family secure.

### **Hydrogen Sulfide Safety**

The main objective of this session is to help you understand the hazards of working with hydrogen sulfide and the preventive measures you can take to protect yourself and your coworkers.

### **Industrial Ergonomics (Spanish)**

This online safety training course for industrial workers will look at some of the basic principles of ergonomics in order to use a commonsense approach to working safely. In particular, the information presented here will focus on musculoskeletal disorders (MSDs) and how ergonomics helps prevent them while at work.

### **Industrial Ergonomics Training**

This online safety training course for industrial workers will look at some of the basic principles of ergonomics in order to use a commonsense approach to working safely.

In particular, the information presented here will focus on musculoskeletal disorders (MSDs) and how ergonomics helps prevent them while at work.

### **Introduction to OSHA and the General Duty Clause**

The main objective of this session is to familiarize you with how the Occupational Safety and Health Administration (OSHA) and the General Duty Clause affect your job and our workplace. By the time the session is over, you will be able to understand the purpose of OSHA; identify OSHA's strategies for improving workplace safety; recognize the impact of the General Duty Clause; and know your OSHA rights and responsibilities.

### **Job Hazard Analysis**

The main objective of this session is to make you more familiar with job hazard analysis. By the time this session is over, you will be able to identify the purpose of job hazard analysis (JHA); recognize the benefits of JHA; understand the JHA process; and analyze jobs effectively to detect and correct hazards.

### **Ladder Safety—Multimedia**

Ladder accidents, injuries, and even fatalities are one of the most common forms of accidents that happen on the job. But there is a lot you can do to avoid becoming one of those accident statistics—and it starts with using the information you will be provided with during this training session.

### **Lockout/Tagout Training for Affected Employees**

Although hazardous energy accidents most often involve employees actually performing service and repairs, other employees affected by these procedures can also be injured—for example, machine operators and employees working in an area where a repair or service is being performed. For this reason, all employees who work with or around machinery and equipment subject to lockout/tagout procedures must be trained to understand energy hazards and control procedures. The main objective of this session is to familiarize “affected employees” with lockout/tagout requirements and procedures as they affect their job. At the end of this training session, affected employees will be able to recognize hazardous energy sources, carry out their responsibilities related to lockout/tagout, and understand the purpose and use of energy control devices and procedures.

### **Lockout/Tagout Training for Authorized Employees**

Lockout/tagout training can save lives. Stories about employees crushed to death when heavy machinery starts up without warning are all too common. It is essential for the training in the isolation and control of hazardous energy (aka lockout/tagout) to be effective. This online lockout/tagout safety training course teaches employees to perform the responsibilities of an “authorized person.” Employees will be able to recognize hazardous energy sources, understand responsibilities to other employees, and control hazardous energy with lockout/tagout procedures.

### **Lockout/Tagout: Authorized Employee (Spanish)**

Formación Bloqueo etiquetado puede salvar vidas. Las historias sobre los empleados aplastados hasta la muerte cuando la maquinaria pesada se pone en marcha sin previo aviso son demasiado comunes. Es esencial para la formación en el aislamiento y control de energía peligrosa (etiquetado de seguridad de bloqueo aka) para ser eficaz. Este etiquetado línea de bloqueo de seguridad curso de formación enseña a los empleados para llevar a cabo las responsabilidades de una "persona autorizada". Los empleados serán capaces de reconocer las fuentes de energía peligrosa, comprender las responsabilidades a otros empleados, y controlar la energía peligrosa con los procedimientos de etiquetado de bloqueo.

### **Machine Guarding**

Machinery is a common part of many jobs, but it can cause amputations, fractures, and other severe injuries if you don't know how to use it safely. This course provides information for workers who use machinery on the job about machinery hazards, the importance of machine guarding, and safe work practices when using machinery. By the end of this training session, you will be able to identify the hazards of working with machinery and the most hazardous areas of a machine, be familiar with the types of machine safeguards you may encounter and how they work, and operate machines with guards safely. Duration: 14 min

### **Machine Guarding (Spanish)**

By the end of this training session, you will be able to understand the hazardous actions of different types of machinery, identify the hazards of working with machinery, identify machine safeguards and know how they work, and properly operate machines with guards. Duration: 20 minutes.

### **Metalworking Fluids**

The main objective of this session is to learn the hazards of metalworking fluids and steps you can take to reduce your exposure to them. By the time this session is over, you will be able to recognize signs of unsafe fluid; identify metalworking fluid hazards; effectively use engineering controls to reduce exposure risks; and take all other necessary precautions to protect your health and safety.

### **Mold Hazards and Prevention**

This online safety course will teach employees about the hazards of mold both in the workplace and at home. We will learn how to detect mold, where to find it, the health hazards and symptoms of mold exposure, how to clean up minor mold contamination, and how to prevent mold from growing.

### **New Employee Safety Orientation**

When you go to work, you expect to come home at the end of the day in one piece. However, if you don't understand the hazards you could encounter in your workplace, you could be at risk of serious injury or illness. This safety orientation training session provides important information about your role in workplace safety, the hazards you could encounter on the job, and how to protect yourself from injury and illness.

## **Noise and Hearing Conservation (Multimedia)**

This session is part of the training required by the Occupational Safety and Health Administration (OSHA) under the Hearing Conservation Program. This training session will cover the impact of noise on your hearing, how to identify noise hazards in your workplace, what hearing tests you may be required to take at work, what hearing protection devices are available to you, and how to choose the right ones.

## **Noise and Hearing Conservation (Spanish)**

Some employees are exposed to occupational noise at levels where the Occupational Safety and Health Administration (OSHA) requires an effective hearing conservation program. A hearing conservation plan includes monitoring, employee notification and observation of monitoring, hearing testing, hearing protection, training, and recordkeeping. This online noise and hearing conservation training program will cover the impact of workplace noise on hearing and the advantages and disadvantages of hearing protection devices. Also covered in this noise safety training course are the use, care, and fit of hearing protection devices and the need for hearing testing and what to expect.

## **OSHA Inspections, Citations, and Penalties**

The main objective of this session is to prepare you to manage an Occupational Safety and Health Administration (OSHA) inspection effectively to achieve the best possible result. By the time this session is over, you will be able to identify how investigations are triggered; develop an inspection action plan; understand the steps in the inspection process; assume an effective role in the inspection; and successfully deal with the outcome of an inspection.

## **Permit-Required Confined Space Rescue for Supervisors**

The main objective of this session is to review the requirements for successful confined space rescue operations. By the time the session is over, you will be able to recognize confined space hazards, plan for rescues, evaluate rescue services, differentiate among types of rescues, train and equip a rescue team, and identify the phases of a rescue operation.

## **Permit-Required Confined Spaces: Attendant—Spanish**

This online confined space safety training course will help you identify the hazards of permit-required confined space entry, including the signs, symptoms, behavioral effects, and consequences of hazard exposure of confined space entrants. This course is designed for Spanish-speaking persons designated as attendants for permit-required confined spaces.

## **Permit-Required Confined Spaces: Entrant**

This training session on permit-required confined spaces is for construction workers designated as authorized entrants. You know that construction sites change constantly as the work progresses. That means confined spaces change, too. In fact, confined spaces can be created during the course of a project, even if none existed

at the project's start. You need to know how to work safely, especially when it comes to safe entry requirements.

### **Permit-Required Confined Spaces: Entrant —Spanish**

This online confined space training for entrants course will teach Spanish-speaking employees to recognize the hazards of confined space entry, including the signs and symptoms of exposure to hazards. The training course will also teach employees how to test and monitor for hazards that include atmospheric dangers as well as how to work closely with the attendant to enable him or her to monitor your exposure to dangerous situations.

### **Personal Fall Protection Systems in General Industry (PFPS): What Employees Need to Know**

This presentation will train workers in general industry workplaces exposed to fall hazards from unprotected sides or edges 4 feet or more above a lower level to identify these hazards and to properly use the appropriate personal fall protection systems when needed. By the end of the training session, employees will be able to recognize fall hazards; identify the correct fall hazard controls for each situation; inspect, install, disassemble, and maintain personal fall protection systems; and correctly use personal fall protection systems.

### **Portable Power Tool Safety Training for Employees**

Portable power tools are common at many workplaces, but many workers become complacent when using them on the job and are seriously injured as a result. This course is designed for workers who use portable power tools such as drills, sanders, chain saws, circular saws, and grinders and provides information about the hazards and safe practices to prevent injury. By the end of the course, you will be able to identify the hazards of portable power tools, take precautions against injury, use tool guards effectively and correctly, and understand common safety practices for specific types of tools. Duration: 14 minutes

### **Portable Power Tool Safety—Spanish**

There's a lot at stake with power tool safety. If you've ever actually witnessed a power tool accident, you don't forget it. Knowing how to work safely with power tools, including saws, drills, sanders, grinders, and more, is an extremely serious topic, because injuries from power tool accidents can be severe and permanent.

### **Powered Platform Safety**

The main objective of this session is to talk about powered platform safety features and procedures. By the time this session is over, you should be able to identify powered platform components, recognize platform safety features, understand inspection requirements, use personal fall arrest systems properly, follow safe work practices, and act effectively in an emergency.

### **PPE—Foot Protection**

The Occupational Safety and Health Administration (OSHA) requires employers to conduct a hazard assessment and determine the appropriate PPE for the different types of work that employees are expected to do. This includes an assessment for potential foot injury hazards. This online foot protection training safety course will teach employees the potential foot hazards in your workplace.

### **PPE—Hand Protection**

This online safety training course focuses on the potential hand hazards in the workplace and the hand protection employees are required to use on the job. The training also looks at what can be done to prevent hand and finger injuries. By the end of the training course, participants will be able to identify hand hazards, choose appropriate gloves for work tasks, know the limitations of hand protection, and use and care for protective equipment.

### **PPE—Hand Protection (Spanish)**

By the end of the training session, trainees will be able to identify hand hazards, choose appropriate gloves for work tasks, know the limitations of hand protection, and use and care for protective equipment.

### **PPE—What Employees Need to Know**

This online safety training course about personal protective equipment (PPE) is designed to teach supervisors and facility managers to conduct hazard assessments and to select the appropriate personal protective equipment for employees on the basis of the hazard assessments. By the end of the training session, supervisors will understand how a PPE hazard assessment is conducted, involving an evaluation of the workplace and job functions for any potential hazards that can be controlled through the use of PPE. Also, this course will teach supervisors how to select the proper PPE to protect against the hazards found during the hazard assessment and demonstrate how to show employees how to properly wear and care for their PPE.

### **Preparing for Weather Emergencies (Multimedia)**

The main objective of this session is to tell you about how you can prepare for weather emergencies and other natural disasters and what you should do when these events occur so that you can survive them safely. By the time this session is over, you will be able to recognize the hazards of weather emergencies and other natural disasters; follow workplace emergency procedures; develop a family emergency plan; and increase your chances of surviving emergencies and minimizing property damage. Duration: 27 minutes.

### **Preventing Slips, Trips, and Falls at Industrial Sites: A Guide for Employees**

Slips, trips, and falls are among the most common causes of injury on the job. Everyone slips, trips, or falls on occasion. We tend to shrug off these incidents, but sometimes they cause serious, painful—and even deadly—injuries. This course is intended to help workers in industrial work environments recognize and eliminate potential slip, trip, and fall hazards. The course also discusses “fall from height” hazards and personal fall protection systems used to protect workers. We will

discuss how to recognize slip, trip, and fall hazards, risk factors, and conditions that cause injury, implement procedures to eliminate the hazards, use fall protection devices and equipment, operate personal fall protection systems, and respond to and report incidents. Duration: 33 Mins

### **Preventing Slips, Trips, and Falls: A Guide for Employees (Multimedia)**

Slips, trips, and falls are among the most common causes of injury on the job and at home. Everyone slips, trips, or falls on occasion, but sometimes the result can be serious, painful—and even deadly—injuries. It's important to recognize slip, trip, and fall hazards on the job when you see them so that you can take proper precautions to prevent accidents and protect yourself and coworkers from injury. Learn more with this online training course Preventing Slips, Trips, and Falls: A Guide for Employees.

### **Preventing Slips, Trips, and Falls: A Guide for Employees (Spanish)**

Al final de este curso de formación en seguridad, usted será capaz de identificar resbalones, tropezones y caídas en el trabajo. Usted va a entender las especificaciones de seguridad y características de superficie para caminar y aberturas, y cómo utilizar las escaleras y escaleras de manera segura para evitar resbalones y accidentes por caídas. Este curso enseña a los empleados cómo evitar y eliminar los riesgos de resbalones y tropiezos en el trabajo.

### **Process Safety Management**

The overall goal of this training is to prevent serious chemical accidents that may cause injury to you and impact public health and the environment. By the end of the training session, you will be able to:

- Identify the dangers of highly hazardous chemicals present in your facility;
- Safely follow standard operating procedures;
- Avoid or correct hazards and unsafe conditions; and
- Respond to emergencies.

### **Recordkeeping—Injury and Illness**

This online recordkeeping training course is recommended for employees and supervisors required to maintain U.S. Occupational Safety and Health Administration (OSHA) illness and injury recordkeeping forms and those who need to know about the recordkeeping requirements. By the end of this training session, employees and supervisors will understand which employers are affected by recordkeeping standards, appropriate recordkeeping forms, how to reporting to the government, employee rights regarding recordkeeping, and injury and illness recording criteria.

### **Respirable Crystalline Silica in Construction: Preventing Exposure**

This Respirable Crystalline Silica in Construction presentation will help prepare workers at construction sites to recognize potential exposures to hazardous silica dust and take measures to prevent exposure. At the end of the presentation workers will be able to describe respirable crystalline silica and the health effects of exposure

to silica dust, at-risk activities on construction worksites that involve airborne release of silica dust, and how to take effective precautions to prevent exposure.

### **Respirator Fit Testing—What Supervisors Need to Know**

The main objective of this session is to review respirator fit-test options and procedures. By the time the session is over, you will be able to help employees select, assess comfort, and fit a respirator; teach workers to perform positive and negative seal checks; and understand qualitative and quantitative fit-test procedures.

### **Respiratory Protection Training**

This online respiratory protection safety course is designed to help protect employees from the effects of airborne hazardous substances in the workplace. This course will teach employees to identify the hazards of airborne contaminants; identify and use appropriate respiratory protection; recognize the limitations and capabilities of respirators in our workplace; and inspect, maintain, and store respirators.

### **Safe Forklift Operation**

Forklifts are useful for handling heavy materials but remember that they are powerful machines that can be extremely dangerous if operated incorrectly. This course is designed to help you become a better and safer forklift operator. If you're an experienced operator, this course may remind you of safe habits and work practices that you might have forgotten. If you're a new operator, this course will describe the operating practices you need to follow to be a safe operator.

### **Shiftwork Safety**

Nontraditional shifts present unique safety concerns. By the time this session is over, you'll be able to recognize the health, social, and safety effects of working outside an 8-hour day shift; identify strategies for minimizing the negative impact of shiftwork; and stay healthy and safe when working shifts.

### **Silica Dust in General Industry: Preventing Exposure**

Workers exposed to airborne silica dust face potentially serious health effects, but they can prevent them by learning to identify the hazards at work and practice effective exposure control measures. This course is designed for workers in general industry workplaces who are exposed to silica dust while performing tasks such as cleaning, milling, grinding, sanding, polishing, and cutting silica-containing materials. By the end of the presentation, you will be able to identify the health hazards associated with exposure to silica dust; recognize job tasks that could lead to exposure; access the respirable crystalline silica rule for general industry; read labels, safety data sheets (SDSs), and signs at the entrances to regulated areas that communicate silica dust hazards; apply silica dust exposure control methods; and describe the medical surveillance program.

### **Slips, Trips, and Falls—What Supervisors Need to Know**

The main objective of this session is to help you prevent slips, trips, and falls among the employees you supervise. By the time this session is over, you should be able to identify slip, trip, and fall hazards in the workplace; eliminate slip, trip, and falls hazards in work areas you supervise; prevent falls on stairs and from ladders; help employees prevent slips, trips, and falls outdoors and at home; and teach employees how to minimize injuries if they fall.

### **Training the Trainer: Effective Techniques for Dynamic Training**

This course discusses effective training in all its stages, from assessing the needs at your workplace to developing a culture where training is ongoing and seen as an essential part of every job. By the time the session is over, trainees should be able to:

- Assess training needs at your workplace.
- Identify training objectives to meet these needs.
- Understand the elements of adult learning. This will help you train adults effectively.
- Develop effective training sessions that enhance learning through participation.
- And finally, foster or encourage a culture of continued learning.

### **Training the Trainer: Effective Techniques for Dynamic Training—Spanish**

This course discusses effective training in all its stages, from assessing the needs at your workplace to developing a culture where training is ongoing and seen as an essential part of every job. By the time the session is over, trainees should be able to assess training needs at your workplace, identify training objectives to meet these needs, understand the elements of adult learning in order to best train adults effectively, develop effective training sessions that enhance learning through participation, and foster or encourage a culture of continued learning.

### **Understanding Chemical Labels Under GHS**

By December 1, 2013, employers must train their employees how to read and interpret the new safety data sheets (SDSs). Many employers will go through a phase-in period where both MSDSs and SDSs will be present in the workplace. This situation is acceptable to OSHA, and employers will not be required to maintain two sets of MSDSs and SDSs for compliance purposes. During the training phase-in period, employers are allowed choose to comply with the HazCom standard for MSDSs; the revised HazCom standard for SDSs; or both.

Chemical labeling is the first step in the process of using chemicals safely. Occupational Safety and Health Administration's (OSHA) chemical labeling requirements are part of its Hazard Communication Standard (HazCom), which is designed to ensure that you can identify and understand hazardous chemical substances in the workplace. HazCom, including chemical labeling, has been aligned with the Globally Harmonized System for Classification and Labeling of Chemicals (GHS). This training session focuses on the GHS chemical labels.

### **Understanding the Safety Data Sheet (SDS)**

The main objective of this session is to describe the purpose of the Globally Harmonized System of Classification and Labelling of Chemicals (GHS) and introduce you to the safety data sheet (SDS). By the time the session is over, you should be able

to understand the GHS and how it affects hazard communication in the workplace; recognize how the SDS improves your access to vital safety, health, and environmental information about chemicals used in the workplace; and identify the 16 sections of the SDS and the information contained in each section.

### **Warehouse Safety**

The main objective of this session is to help you prevent accidents and injuries while working in the warehouse and on the loading dock. By the time this session is over, you should be able to identify warehouse hazards; prevent back injuries; work safely with material-handling equipment; protect against accidents on the loading dock; stack materials safely; and prevent slips, trips, and falls.

### **Welding and Cutting Safety**

The objectives of this session are to discuss important safety points about welding and cutting. By the end of the session, you will be able to identify the major safety and health hazards, know the different welding processes, select appropriate personal protective equipment, or PPE, and implement controls needed to prevent or control fires.

### **Working in Cold Conditions—Multimedia**

Those of you who work regularly in cold conditions have more to worry about than just being uncomfortable. Cold working conditions can actually lead to health hazards that you need to protect yourself against. During this session, we'll tell you what hazards to look out for and how you can keep yourself safe—and warm!

### **Working in Hot Conditions (MULTIMEDIA)**

While being hot may sometimes be unavoidable, if you get too overheated and dehydrated, it could be downright dangerous. During the session, we'll discuss how working in hot conditions can be hazardous to your health and safety, different types of heat-related illnesses you should be aware of, and what you can do to protect yourself if you work in hot conditions.

### **Working Safely Outdoors**

The main objective of this session is to provide you with the information you need to work safely outdoors. By the time the session is over, you will be able to identify outdoor hazards, take proper precautions to prevent injury or illness, and apply effective first aid in the event of an injury or exposure.

### **Working Safely with Benzene**

The main objective of this session is to help you work safely with benzene. By the time this session is over, you will be able to identify benzene hazards; understand exposure limits; use engineering controls, safe work practices, and personal protective equipment (PPE) to prevent exposures; and know what to do in an emergency involving benzene.

### **Working Safely with Flammable Liquids**

The main objective of this session is to help you work more safely with flammable liquids. By the time the session is over, you will be able to understand what a flammable liquid is; identify flammable liquid hazards; take proper precautions when storing, dispensing, and handling flammable liquids; prevent fires, explosions, and exposures; and know what to do in an emergency involving flammable liquids.

### **Workplace Safety for Employees**

Employees play a critical role in helping to achieve safety and health objectives. Without employees' active participation, an organization cannot achieve the goal of creating a safe and healthy workplace. By the end of this online safety training course, employees will be able to understand why safety is such an important workplace issue, identify the requirements of the Occupational Safety and Health Administration (OSHA) and the law, know what the safety policy requires, and take an active role in promoting workplace safety and health.

### **Workplace Safety for Employees (Spanish)**

Employees play a critical role in helping to achieve safety and health objectives. Without employees' active participation, an organization cannot achieve the goal of creating a safe and healthy workplace. By the end of this online safety training course, Spanish-speaking employees will be able to understand why safety is such an important workplace issue, identify the requirements of the Occupational Safety and Health Administration (OSHA) and the law, know what the safety policy requires, and take an active role in promoting workplace safety and health.

### **Workplace Violence Prevention for Health Care in California: What Employees Need to Know**

Can you identify the signs of workplace violence and the risks of a violent incident happening at your workplace and know how to defuse the situation? Workers in hospitals, nursing homes, and other healthcare settings face significant threats of violence, and there are factors that contribute to this risk, including working directly with people who have a history of violence or who may be delirious or under the influence of drugs. This presentation will train workers in healthcare facilities in California to recognize the signs of violence and the risk factors that can lead to violent acts and deal effectively and safely with threats and incidents of workplace violence. This course is designed to meet the requirements of California's Workplace Violence Prevention in Health Care rule, but it can be adopted by any healthcare facility that adopts the California rule as their own policy. When the training is completed, trainees will be able to identify the risks and causes of workplace violence, recognize potential perpetrators of violence, spot the signs of violence, respond effectively to threats and violent acts, and report any violent or uncomfortable situation immediately. Duration: 23 Minutes

Welcome to SimplifyTraining! What brought you here today?